

**REFERRALS WELCOME!**

Thanks for allowing us to represent you. Hopefully you'll continue to trust us for your referrals of friends and family, even if the matter occurs outside of Florida. We are only a call, text, or email away!



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**INSIDE THIS ISSUE**



- 1 The Origin of the Referral King®
- 2 The 3M Combat Earplugs Litigation
- 3 Not Your Grandma's Fruitcake Be a Better Listener
- 4 Strange Laws Around the Globe



**CURIOUS LAWS IN PRACTICE**  
 Around the World

Nearly every community around the world has strange laws: Some were established decades or centuries ago to address specific issues that came up once or twice; others were created with good intentions but have since become outdated; and there are a few recently passed mandates that still serve practical purposes. Here are three such examples

**No Chewing Gum In Singapore**  
 During my trip there in 1999, our tour guide informed us that there was no chewing gum allowed in the country! We were told the law was aimed at keeping the city-state free of that type of disgusting garbage; don't you hate it when it gets on your shoes?

As the government made infrastructure improvements, they wanted to curb littering surroundings so they could remain clean.

The result was, you guessed it, a crackdown on gum; Hubba Bubba is still my favorite! Anyway, they take it so seriously that they monitor all gum products available in the country. If you are simply travelling with some to a neighboring country, it must actually be locked up until you leave town! In the past, anyone caught selling, possessing, or chewing gum could be fined up to \$100,000. Talk about a sticky situation! In recent years, the law has eased somewhat, thanks in part to lobbyists funded by the Wrigley Company. Who knows? One day you might even need a prescription to buy some!



Continued on Page 2 ....

**The Storied Origin of the Referral King®**

People have often queried if the Referral King® is of noble blood. Scholars have debated this issue for decades. Below is the captivating story as told by the Referral King, Evan M. Ostfeld, Esq., himself.

Let's first go back to the year 1936 when Indiana Jones was looking for the Ark of the Covenant while fighting the Nazis. His adventures were well documented in the 1981 film, "Raiders of the Lost Ark," but I digress.



Around that same time, my mother, Esther, was born in what was then known as Palestine. She was named after the Jewish Queen who was married to King Ahasuerus of Persia. Back in 1923, the League of Nations created what was called the British Mandate for Palestine giving the English the power to rule that region. Now, since my mum was technically British, being born under "the Queen Mother's" protection, there is legal precedent to establish that I'm at least half royal!

Fast forward to modern times. My young squire and I decided to test our DNA through the world-renowned Ancestry.com. Low and behold, it came back that I was 1% British, finding a very weak connection to Wales. Adding in the fact that the name Evan is of Welsh origin, it all started to make sense (at least to me).

If that was not enough proof, I love their comedy (Benny Hill, Monty Python), music (The Who, Rolling Stones), and TV shows ("Line of Duty" and "The Capture"). The final piece of the "royal" puzzle was that I always seem to use their grammar rules and alternative spelling of words like honourable, analyse, organise, and humour. In fact, I even paid extra to have Verizon change my

phone's language to display British English instead of American. Who knows, maybe I'm even related to the Queen of England?



Now that you have the backstory, what does the Referral King® really mean? Simple! I'm here to help people with any of their legal problems. The Law Offices of Evan M. Ostfeld, P.A, primarily represents individuals in workers' compensation and personal injury matters including mass torts — specifically pharmaceutical cases like Zantac and defective products, such as 3M earplugs, Essure, Johnson & Johnson Baby Powder, hernia mesh and Roundup matters.

That being said, any other legal issues that you may have are also my concern. Our office isn't just here to say, "Sorry we don't handle that. Call the Florida Bar." Rather, I or my staff will actively try to find several lawyers who may be able to help. Throughout my 27 years of legal practice I have amassed a very large referral network throughout the U.S. which I call the Referral Kingdom®.

Translation? Even if the legal issue occurred outside the Sunshine State, we'll gladly try and assist someone in obtaining an attorney. The best part? This referral service is offered at no charge. Why? I offer this as a courtesy to the public who may be afraid to even contact a lawyer based upon their perception that it will be too expensive.

So, whether you or not you believe that I'm actually a member of the nobility, the Referral King® lives! Feel free to contact the King to discuss your legal quagmire at either (844) 411-KING (411-5464), (866) BAD RXRX, (866) I SUE YOU, (954) 227-7529, (954) 998-0075 text or evan@attorney4life.com.

Wishing you Godspeed!

*-King Evan*



# THE 3M COMBAT EARPLUGS LITIGATION

## WHAT YOU NEED TO KNOW

of our troops deployed in major foreign engagements from 2003 through 2015. They are small, colored, dual-ended earplugs designed with the specific purpose of providing our soldiers with a single set capable of providing two options for sound protection, depending on how they are used. One end is "closed" and designed to block sounds out completely. The other end is "open" and intended to dampen sounds (gunfire, explosions, etc.) on the battlefield, while still allowing audible communication between the wearers.

It was marketed as a highly functional solution to protect the hearing of soldiers. Unfortunately, there was a design defect which caused them to lose their seal within the ear allowing harmful noises to affect the user. As a result, many personnel suffered injuries, including unilateral and bilateral hearing loss and tinnitus. The product has since been discontinued, and the 3M Combat Arms

Earplugs have been called a defective product. The manufacturer has already paid millions of dollars in a settlement to the U.S. government for falsifying test results and knowingly putting our honorable service members at risk.

If you are an active or veteran military service member who was injured as a result of using the 3M Combat Arms Ear Plugs (CAEv2) during the years 2003–2015, we're here to help. Don't battle 3M alone. These cases are handled on a contingency basis, meaning that you owe us nothing unless there is a court award or settlement. In fact, we'll even obtain your medical records. Our law firm will work with you every step of the way to try and obtain the compensation that is deserved. For a free, no-obligation case evaluation, contact us at (866) BAD RXXR, (866) I SUE YOU, (954) 998-0075 Text.



From 2003–2015, countless active duty service members and veterans have suffered from significant and permanent hearing loss and/or tinnitus, better known as the perception of noise or ringing in the ears, due to using "standard issue" combat earplugs while serving in our nation's armed forces. The ones in question — 3M Combat Arms Earplugs, Version 2 or CAEv2 — landed 3M a lucrative and exclusive U.S. military contract due to its product's supposed advanced design.

It's estimated that the United States Department of Defense purchased enough 3M Combat Arms Earplugs to outfit all

... Continued from Page 4

### Something Is "Rotten" In Denmark ?

When you have children there, don't get too creative with their names. Believe it or not, the government maintains an approved list of around 7,000 selections. In fact, if you choose an unapproved one, it shall likely be denied. Special approval is necessary through one's local church before the officials can decide whether or not to make an exception. The law looks down on naming kids after inanimate objects or even the use of alternative spellings of common names. Additionally, the baby's name must match its biological sex: girls have to have feminine names and boys with masculine ones. Moreover, don't get tricky. Traditional last names cannot even be used as a first name (but honestly, that does not sound like a good idea anyway).

### No Running Out Of Gas On The Federal Motorway!

As many of you know, Germany is home of the Autobahn. It's a superhighway with no mandated speed limit for some classes of vehicles. But get this. It's actually illegal to run out of gas while driving on it. This no "running on empty" policy is designed to minimize hazards and accidents on the road. Plus, there is no



stopping of any kind unless you're experiencing an emergency or car trouble.

Should you run out of gas and or require roadside assistance, you must not even leave your vehicle, because, (you guessed it), it is against the law to walk on the Autobahn. In my book, that's a small price to pay for driving like "a bat out of hell" and not getting a ticket!

# TAKE A BREAK



# BE A BETTER LISTENER



It's not always easy to share feelings of frustration, anger, sadness, or other strong emotions — but it's healthy to share them. Sometimes, we need to vent and get it all out. Venting gives us an opportunity to release these emotions, which often leads to mental clarity.

However, when someone comes to you to vent and share their heavy emotional burden, listening can be just as challenging as sharing. You want to be supportive, but you don't want to interfere. Strong feelings and tough situations may be involved. What can you do to be the listener they really need?

It starts with your body language. Open yourself to their emotional needs. Gregorio Billikopf, an interpersonal relationship expert at the University of California, Berkeley says if you begin the conversation standing, invite the person to have a seat with you.

Another thing you can do as listener is to position yourself below their eye line. This puts the person venting in a more active "storyteller" position and you in a better "listener" position. While in this position, maintain eye contact. It's okay to look down or away occasionally, but try to keep a steady glance.

Billikopf also notes that, as a listener, it's important to avoid interjecting. Don't offer input, suggestions, or guidance to the person venting until he/she has had the chance to get it all out. "During this venting process, there is still too much pressure for them to consider other perspectives," Billikopf says.

While you don't want to interject, try to be an active listener. This means you don't want to be completely silent. This is where "reflective listening" comes in. Occasionally repeat what the speaker says — but don't use their exact phrasing. Reword slightly in a sympathetic manner. Don't spin their words or mistakenly offer a comment, as it may not be the opinion they're interested in hearing. Alternatively, listening cues like "mm" or "hm" and nods are always welcome.

One last thing to keep in mind: You do not need to offer a solution to the person's problem or concern. They may just be venting to get their negative emotions out. If they are looking for a recommendations or guidance, wait for them to ask. In the meantime, lend your ear and let them know you're there for them going forward.



## NOT YOUR GRANDMA'S FRUITCAKE

Inspired by SimplyRecipes.com

### Ingredients

- 1 tsp baking soda
- 1 cup sour cream
- 3 1/2 cups mixed dried fruit of your choice, chopped
- 1 cup nuts of your choice, chopped
- 2 cups all-purpose flour, divided
- 1 stick butter
- 1 cup sugar
- 1 egg, room temperature
- Zest of 1 orange
- 1 tsp salt



### Directions

1. Preheat oven to 325 F. Line a 9x5-inch loaf pan with greased baking paper. Ensure the piece running the length of the pan stands 1 inch above each side to form "handles."
2. In a small bowl, mix baking soda and sour cream.
3. In a second bowl, combine fruit, nuts, and 1/4 cup flour.
4. In a third bowl, beat butter and sugar until fluffy. Add egg, zest, and sour cream mixture. Then, add remaining flour and salt. Mix, then add fruit mixture.
5. Pour batter into lined pan. Fill up a separate loaf pan halfway with water. Bake both pans in oven for 1 1/2–2 hours or until a skewer leaves the cake clean.
6. Use "handles" to remove cake from pan and cool completely on a rack before serving.

